

## Outing to Lantau Monasteries, 18 November 2018

Two groups travelled via Tung Chung or Mui Wo to the start point of the hike at Fat Wah Yuen on a beautiful sunny morning. The Mui Wo group managed to catch the earlier bus so set off at a leisurely pace to allow the as scheduled TC people to catch up. The first site was a mini shrine aka bus shelter aka telephone kiosk and post box at the beginning of the hike.



shrine and its adjacent monastery with Cambodia influenced statues.

We then proceeded along a quiet path passing a few small retreat houses until we arrived at the elevated Buddha



The next stop was the Tibetan Buddhist area below the main path where we saw the two temples



decked out with colourful prayer flags and were lucky to be invited into the large compound to see the shrine.

After a short stay we climbed back to the road to see one of the monasteries now acting as a business-like columbarium, before continuing our climb to the imposing Yim Hing monastery. We were all able to view the impressive shrine at the back but some enterprising members were able to sneak in and see rather more before being sent packing!



We looped back to the retreat and then set off down a little used path to the Lin Yang monastery where our lunch awaited. We then enjoyed a varied veggie lunch and a well-earned break.



Then it was time to move on, Some of the group decided that a beer was next on their list and set off to Tai O, whilst the more spiritually minded kept to the itinerary and set off for the last stop on the tour – the splendid Kwun Yam monastery, It is still undergoing a renovation, so climbs to the top of the tower are not possible at present but we were able to view the magnificent main temple and admire the views from the balcony.



Exploring around the back allowed us to see a few fronds of one of Hong Kong's rare flowers, the bamboo orchid (*Arundina graminifolia*).

