

Hong Kong Natural History Society
Report on September 2016 Boat Trip to Double Island

Our participating members all gathered at Ma Liu Shui public pier and we set off on time. Mr. Li, Junior, took us right out through Tolo Channel to approach Yan Chau Tong Marine Park. We were particularly impressed by the peace and tranquillity of Hung Shek Mun (meaning the red stone gateway) – the narrow waterway between Plover Cover Country Park and Double Island.



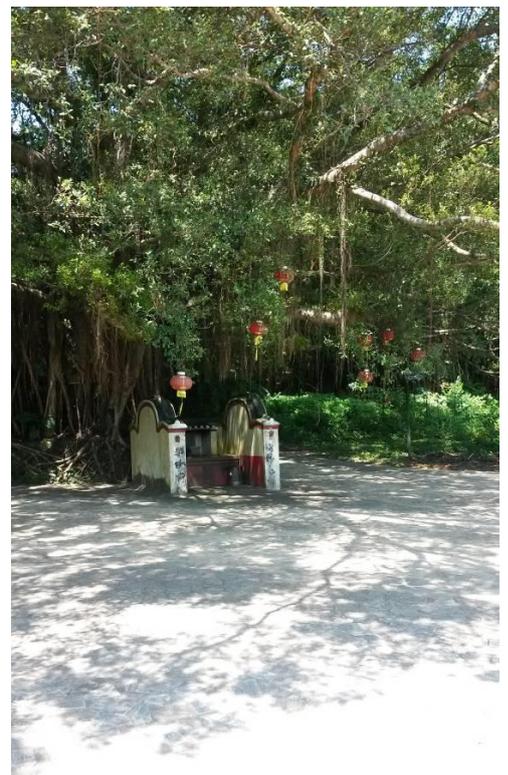
We scheduled the boat to take us to Sam A Tsuen. With the small motor boat, we went ashore, hopping onto the small jetty pier of the village. We then started our short hike to Lai Chi Wo. This path is shady, easy and well-paved. It took us about 30 minutes to arrive at the Nature Trail. Here we found the very twisted formation of roots with trees in the marsh land. The fruit *Cerbera* (*Cerbera manghas*, known as sea mango in Chinese) is deadly poisonous. We then arrived at this best

well-preserved Hakka village in Hong Kong. The launch boat picked us up at Lai Chi Wo pier. Most of us had our lunch on board when we were on our way to Tung Wan (East Bay), Double Island.



We arrived at this “private beach” which had good, clean water for swimming. Members reported seeing lots of fish and a reef with brain corals, and other mushroom-like ones, when snorkelling on the right side of the bay. We finished our swim and returned at 4:30.

(Photo contributed by Julie Moffat)





It was certainly a good day out, with perfect weather for the short hike on Lai Chi Wo Nature Trail and exploring the marine life at Double Island. This route is highly recommended for future NHS activity planning in this season.

Just see how we are enjoying ourselves! Surely you don't know what you have missed if you didn't join in this time!!



Mak Wei Ming