

Hong Kong Natural History Society

Report on November 2010 Outing to Sai Kung East Country Park

18 members joined the hike this month to explore the beaches along Sai Kung east coast. With 5 members meeting in Sai Kung, the group started the hike at 11:00am from Pak Tam Au. It was a glorious day with cool breeze and sunshine, just a perfect day for hiking.

Beginning with a gentle descent, we arrived at Chek Keng to meet up with 2 members who had been waiting at the small pier a long time. Here, we found a stone carving which has inscriptions written in memory of the contributions to the building of the old jetty in 1955. Members chatted for a while and then we all started our ascent to Tai Long Au. We took a break at the top before going down to the beach. On the way to Ham Tin along the trail, we saw the river was good and clean enough with big fishes swimming along. We all arrived near the beach at Ham Tin at 1:00pm. Some members decided to move on to Tai Wan to have their picnic lunch there, whereas some members stayed at Ham Tin to enjoy their lunch at the seaside cafe.

We regrouped just after 2:00pm and went on to the scenic steps up the cliff to reach Sai Wan. We did it really slowly to enjoy the spectacular view of Tai Long Wan. After an hour, we got to a cafe just by the beach where most members enjoyed an ice-cream. At about 3:30pm we started our steep ascent to Chui Tung Au. Here, on the way, we discovered quite a number of wild flower species (needing further investigation). After the break on top, we made our way to Sai Wan Road where the coach picked us up at 4:30pm. It was worth getting the vehicle permit to save walking the 4km in the final part of the journey. We got back to Central at about 5:30 with everything running perfectly according to schedule.



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Photo by Christine Mills