



DECEMBER 2008 OUTING - LANTAU SOUTH COUNTRY PARK

Outing Organiser: Jan Campbell and Ken Bradley

E-mail : hellojan@netvigator.com Phone: 2987-6980 (H) 9104-5799 (M)

- DATE:** Sunday 14 December 2008
- MEETING PLACE AND TIME:** 9.30am at Central Ferry Pier No. 6 [look for Ming]
- TRANSPORT 1:** Take 9.40am public ferry to Mui Wo, Lantau. Arrives Mui Wo 10.10am. Return to Central on ferry of your choice from Mui Wo [5.20 or 6pm likely to be earliest possible if you don't stay for meal in Mui Wo].
- TRANSPORT 2:** Public bus to start of walk in Tong Fuk village [10.20am Tai O bus or 10.25am Tung Chung bus or 10.30 Ngong Ping bus - whichever we can get on]. **Please note - no time for shopping in Mui Wo.**
- ALTERNATIVE TRANSPORT:** Instead of the ferry from Central, those for whom it is more convenient may wish to take the 10.05am bus from Tung Chung to Mui Wo, alighting at Tong Fuk village, near Eddie's Bistro and Fairview Inn.
- MAP:** Countryside Series, Lantau Island and Neighbouring Islands, Edition 4 (2008)
- ROUTE:** Start our walk at 10.45am from Eddie's Bistro, Tong Funk village, where fresh croissants may be bought for anyone who has not breakfasted. We take the South Lantau Country Trail, heading up Sunset Peak [but don't go all the way to the Peak]. It is a long, steep uphill stretch for 45 minutes or so to start with, but you will be rewarded by the views and a coffee break! From there it is much easier walking, and we continue along the Country Trail, crossing the Tung Chung Road, and stopping for lunch by a waterfall. We finish our walk by descending to Nam Shan, and then walking through the villages to Mui Wo, arriving 4.30 - 5pm. Total walk is approx. 13km. Views, mountain and coastal, are spectacular if weather permits. Don't forget cameras!
- BRING:** A [light] packed lunch and plenty of water; walking shoes / boots; change / Octopus for buses and ferries; suncream and hat - preferably Santa hats.
- CHRISTMAS MEAL:** We hope members and guests will stay in Mui Wo to enjoy a meal together at the Turkish restaurant in Mui Wo. We have used this venue before, and it was very enjoyable. Members can order their meals individually, and at their own expense. Tables will be reserved from 5pm.
- BOOKING:** Transport and optional dinner are at members' own expense, so there is no need for a booking form to be posted. However, I do need to know numbers in order to book the restaurant and to know who to look out for. Please therefore notify me by email if you wish to come, remembering to say whether or not you will join in the meal.

Emails please by Wednesday 10 December.