

Hong Kong Natural History Society
Report on November 2013 Hiking to Tai Lam Country Park

16 hikers, 10 from Central and 6 from Kowloon Tong, were heading to Sham Tseng in the morning of a sunny day. This was the first walk of the season, so Ming designed a relatively easy route as a warm up. It was a pity that Ming could not join and lead the walk because of her aching knee. Luckily she has a trust-worthy second half to take over her duty and she also needed to thank Frank for his help.

The starting point was behind a famous roast-geese restaurant. It was a gentle climb and Ted noticed the paper-bark trees scattered along the first part of the climb. When we took a short break at a pavilion, we could look over Tsing Yi and Tsing-Ma Bridge. We passed through a farm before we reached the first coffee break. There are lily ponds in the farm.



It took about 70 minutes to go to Tsing Fai Tong, our place for the coffee break and then we joined the Yuen Tsuen Ancient Trail to Tai Lam reservoir.

After another 1 hour's walk, we had lunch break at Kat Hing Bridge. We no longer followed the Ancient Trail from this point and we walked along the bank of the reservoir. There was a village there before the construction of the reservoir and we could still see the ruins of the village because the water level was low.

This would be a perfect walk if there had been no accident. One of the members stepped on a wrong stone and had a bad cut. This was too great a shock for her and we waited for about 20 minutes. Luckily, she recovered soon and could carry on with the rest of the journey.

We finally reached So Kwun Wat Tsuen and got our reward - bottles of icy cold beer! Our injured lady who carried a bad cut should feel better after finding out that the store we stayed for beer served Princess Margaret before! The photos are still posted at the entrance of the store in memory of the occasion!



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